**Friday Fun Day for July 4th Weekend**

**Important Events**

July 10th- Home meet vs. Lincolnshire Fields

July 17th- Away meet vs. Effingham

**July 24th- Conference Meet at SHOLEM\***

This Friday we will have a fun day to celebrate the 4th of July. Please try to come so your children can have a fun experience after working so hard! We will play games the whole time and will have snacks after. Really try to come to the appropriate practice by age on Friday because the games will be different to reflect the difference in age.

**Indian Acres**

We had a good meet last Saturday and even though we lost there were a lot of positives to take from the meet. We had a ton of fast swims and with new team records set. The competition was very fierce which provided a good experience to get better for next time. The meet also showed some things we need to work on. We need more work on Backstroke, starts, turns, and kicking. Practice this week has shifted to focus on these things. We have seen already big improvements in most of our swimmers so keep up the great work!

Swimmers of the Week

Week of Shelbyville-

Sage Philips- Has an awesome work ethic and your free is looking FAST

Natasha Frank- Thanks for swimming up an age group and doing it well!

Nicolas Ramkumar- Has been great at practice and improved a lot already!

Matthew Sharick- Keep working hard in practice!

Trevor Balsbaugh- Great Job with everything!

Week of Crystal Lake

Ben Flachsbart- With a little more work in practice your strokes can get even better!

Jack Wierschem- Work harder in Practice!!!!!!

Sophie Hannauer- Finally swims a legal and fast breaststroke!

River Jones- Has Improved tremendously from last year! Keep it up!

Week of Indian Acres

Conner Bell- great job at your first meet!

Viney Shanbhag- Swam very fast in his first meet of the year!

Kaitlyn Bell- Dropped a ton of time in your 25 free!

Arielle Summitt- Works very hard in practice and it showed in your 100 IM!

Contact Information

Once again the best way to contact us is before or after practice but if you have a quick question you can send us an e-mail at:

sholemsharks@gmail.com